EMPLOYEE ASSISTANCE PROGRAM

Anthem EAP COVERAGE OVERVIEW

Visit www.anthemEAP.com and login with CFCSD for more information

Employee Assistance Program
Service Summary
Barberton City Schools District

Anthem EAP

Available 24/7, 365 days a year

Everything you share is confidential*

Life can be full of challenges. Your Employee Assistance Program (EAP) is here to help you and your household members.
EAP offers a wide range of **no-cost** support services and resources, including:

Counseling
- Up to 4 visits per issue
- In-person or online visits
- Call EAP or use the online Member Center to initiate services

Legal consultation
- 30-minute phone or in-person meeting
- Discounted fees to retain a lawyer
- Free legal resources, forms, and seminars online

Financial consultation
- Phone meeting with financial professionals
- Regular business hours; no appointment required
- Free financial resources and budgeting tools online

ID recovery
- Help reporting to consumer credit agencies
- Assistance with paperwork and creditor negotiations

Emotional Well-being Resources
- Digital tools to improve emotional well-being
- Team up with an experienced clinical coach
- Practice mindfulness on the go

Dependent care and daily living resources
- Online information about child care, adoption, elder care, and assisted living
- Phone consultation with a work-life specialist
- Help with pet sitting, moving, and other common needs

Other anthemEAP.com resources
- Well-being articles, podcasts, and monthly webinars
- Self-assessment tools for emotional health issues

Crisis consultation
- Toll-free emergency number; 24/7 support
- Online critical event support during crises

We are ready to support you

You can call us at **800-865-1044**, or go to **anthemEAP.com** and enter your company code: Barberton