

# BREAKFAST AWARENESS

Studies indicate students who eat breakfast are more alert and attentive. They are less likely to cause discipline problems; they perform better in the classroom and on tests, and are less likely to complain of headaches and stomachaches.



The school breakfast program guarantees that your child gets a nutritious morning meal. Recognizing how important for students to have a nutritious breakfast, Barberton City Schools Food Service Department offers breakfast daily in all schools. Please check the Menu Board in the cafeteria for the featured daily breakfast.

Breakfast is served at Barberton High School **from 7:00 – 7:20 am**. If your student has a Free or Reduced Price Meal Application on file, then they will qualify for a free or reduced priced breakfast. The cost of breakfast is as follows:

<b>BHS Breakfast</b> .....	<b>\$1.80</b>
<b>Reduced Breakfast (All Grades)</b> .....	<b>\$0.30</b>